

SOUND NORCAL V D V COMMUNICATIONS



27 Years Of Experience To Teaching

Instructor Thomas Witt has spent 27 years in the communications industry, including stints as an Installer, Technician, Senior Technician and sales rep. He began his career in the US Navy, where he learned basic electricity and electronics, and then joined Simplex Time Recorder Company. While at Simplex, he worked on mechanical and electronic time clocks, master clocks, fire alarm systems and **CONTINUED ON PAGE 2** intercom systems. He joined the IBEW in 1999 as an Installer.

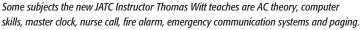
- 2. Meet The Instructor -Thomas Witt (continued)
- 3. Fringe Benefits Fair
- 4. New Graduating Class
- 5. Death Benefits
- 5. Installer Tech Upgrade Classes
- 6. Safety Corner Walker Telecomm
- 8. Health Care Usage Myths





A publication of the National Electrical Contractors Association and the International Brotherhood of Electrical Workers of Northern California.







Thomas Witt's favorite subject to teach is fire alarm; it is his "passion".

JATC Instructor Thomas Witt Brings 27 Years Of Experience To Teaching

CONTINUED FROM PAGE 1

Witt became a JATC Instructor this year. He teaches AC theory, computer skills, master clock, nurse call, fire alarm, emergency communication systems and paging. He says fire alarm is his "passion" and his favorite subject to teach.

Continuing our profiles of NorCal Sound & Communication JATC Instructors, we asked Thomas a few questions about his career and teaching philosophy.

Q: Why did you decide to become an Instructor?

A: There are so many trade jobs available, I wanted to do my part to pass on what I had learned. I hope to live up to the excellence exhibited by everyone working here.

Q: What do you like best about teaching at the JATC?

A: The teamwork. Teamwork here isn't lip service. We mean it. There is no slack that needs to be picked up because everyone here is a highly motivated professional dedicated to the mission of the JATC. It's refreshing to work with people who have that elevated esprit de corps and morale.

Q: What is the greatest challenge students face in the program?

A: Balancing family life with work obligations. It shows a level of dedication, commitment, and motivation. I am constantly blown away that the apprentices perceive that much value in our program and I strive to be worthy of that.

Q: What do you think of the current curriculum to help students in the field?

A: I'm only eight months into my teaching

career. So far, I've found that there really isn't enough time to teach all the material that I would like to cover. How I will address that going forward is something I give a great amount of thought to. Ask me again in a year!

Q: How to you try to motivate students to learn?

A: I try to relate what is being taught to a reallife situation that I or someone in the class has experienced. I encourage that kind of discussion because I think that makes it easier to learn.

Q: What kind of person should seek admittance to the apprentice program?

A: Someone who is there because they want to be there. That provides the motivation and enthusiasm needed to keep going when life gets tough. Motivation is key in our industry. Without motivation, there's no desire to strive for excellence.

Q: What skills do you think students need to do well in the program?

A: Attention to detail; the ability to read and follow product installation sheets; the ability to read and follow blueprints; being able to use the proper tool for each application.

Q: What is the career future for an apprentice who graduates?

A: The sky is really the limit. You can start as an installer and, with the proper motivation and drive, end up owning a low-voltage company. With the skills learned as an apprentice and a few years' experience, you can go anywhere.

Q: What is your most memorable day in the classroom?

A: Dancing to Barry Manilow's "Copacabana" while testing the students' fire alarm override of the paging system. The longer it took for students to activate the fire alarm, the closer I danced to their lab station.

Q: What are your hobbies?

A: Long distance, epic pain-and-suffering bicycle rides. I'm a three-time 5-Pass Finisher of the Markleeville Death Ride. Shooting sports, mountain biking, camping, and boating—I have a 52-year-old hole in the water I call a boat.

Q: What books do you read in your free time?

A: I'm a military sci-fi novel junkie.



NorCal Sound & Communication JATC Holds Fringe Benefit Fair

participants attended The NorCal S&C JATC
Fringe Benefit Fair on July 21st at the NorCal
Technology Training Center. The Fair featured
three separate classes, including The IBEW
District 9 Pension Plan; The National Electrical
Benefit Fund (NEBF) and the IBEW/NECA

Sound and Communications Health and Welfare Plan. Lunch was provided after the workshop.

The speaker for the The IBEW District 9 Pension Plan was Joe Herrle, Plan Administrator, who discussed the participant directed defined contribution pension plan.

The speaker for the IBEW/NECA Sound and Communications Health and Welfare Plan was Sandy Stephenson, Third-Party Administrator, who discussed the health and welfare benefits that are offered. These benefits include the medical plan options, the HRA benefit, and the short-term disability benefit.

The NEBF presentation outlined the defined benefit pension plan. The NEBF is the 3rd largest Taft-Hartley Defined Benefit Pension Plan in the US by total assets.

According to the NEBF handout, there are a total of 571,505 participants in

the Fund, with 143,450 participants receiving benefits. Of those participants, 18.3% (26,246) are receiving normal retirement benefits; 48.3% (69,252) are receiving early retirement benefits; 14.8% (21,271) are receiving disability benefits and 18.6% (26,681) are receiving spouse/beneficiary benefits.

To receive normal retirement benefits you must be vested, be age 65 or older and be retired from the electrical industry. To receive an early retirement benefit, you must be vested, be between the ages of 60 and 64 and be retired from the electrical industry. There are 3 types of early retirement benefits: a reduced benefit at 62, 63, or 64; an unreduced benefit at 62, 63, or 64, and a reduced benefit at 60 or 61.

To receive a disability benefit, you must be vested when you become totally disabled, be younger than 65, and have worked for a covered employer sometime within 5 years of becoming totally disabled. To receive a preretirement spouse benefit, you must be vested, be married to your spouse for one year prior to your death, and have worked at least one hour in covered employment on or after September 1, 1984.

More information on the National Electrical Benefit Fund benefits can be obtained online at www.nebf.com or by calling (301) 556-4300. You can request an NEBF statement online and see your work history, years of service, and an estimated benefit amount.

THE NORCAL SOUND & COMMUNICATION JATC IS PROUD TO ANNOUNCE THE 2018 GRADUATES:

"We would like to offer congratulations to the 2018 class of apprentices who have completed the Related Supplemental Instruction portion of the Apprenticeship program and are tentatively scheduled to graduate. Our industry thrives on a skilled, highly trained labor force and our apprentices are our future!"

LOCAL 595

Pablo J. Chavez
Sean P. Ferguson
Michael S. Krassilnikoff
Shannon R. Leeds
Sergio S. Chaves
Nicholas R. Fitzgerald
Cameron J. Gooding

Timothy S. Horner Tanner D. King Daniel F. Olivera Favian Ramos Fernando Sanchez Michael T. Segarra Samuel M. Swengel

LOCAL 302

Joseph Bologna
Jeffrey E. Butson
Bryant P. Maly
James A. Smith, Jr.
Gabriel Wence
Jared V. Wise

LOCAL 332

Louie C. Andrade Ricky J. Cassata Manuel J. Castillo Malachi J. Cizneroz George M. Clark Jesse T. Clarke Emmanuel W. Cristobal Tony Doan Erik J. Frantzich
Kevin M. Gonzalez
Jose J. Gonzalez
Bulmaro Guizar
Aaron D. Hughes
Jeffrey B. Hunceker
Francisco J. Lozano-Canedo
Kevin Mac
Andres J. Macias
Phil D. Maggi
William M. Markes
Jonathan I. Mena

Ryan T. Miles
Gerald D. Montgomery
Surinder Multani
Nhan T. Nguyen
Steven E. Palacios
Gustavo N. Paragon Arias

Sean Salehnejad
Julian A. Sanchez
Herbert W. Schue III
Kyle A. Six
Pablo Vazquez
Ernesto Velasco
Nicholas B. Vinson
Eric L. Wright

LOCAL 6

Nicolas A. Yurasek Jr.

Aaron J. Chaput Baoye Chen Roland L. Curtis James C. Hyde Manuel A. Mendoza Augusto P. Pepa Thomas D. Parisi

LOCAL 617

Anthony W. Johnson Hector Khan Bernard L. May Kyle M. Merellas Jonathan Picos Manuel Unzueta Jr.

LOCAL 340

Kenneth W. Braswell III

LOCAL 180

Stephen D. Cook III Benjamin J. Lent Andrew D. Lucero Christian K. Sligar

LOCAL 234

Cory C. Hoffman

LOCAL 551

Mark E. Alkire Andres J. Mendez

LOCAL 100

Nathan Hume Audi Insisiengmay Jimmy Turpin III James Wood

IBEW Pension Death Benefits Outlined

This is the first of a multi-part series in the DATA outlining the IBEW pension death benefits. This excerpt is taken from a general explanatory guide by the International Executive Council (I.E.C.), who compiled the questions and answers.

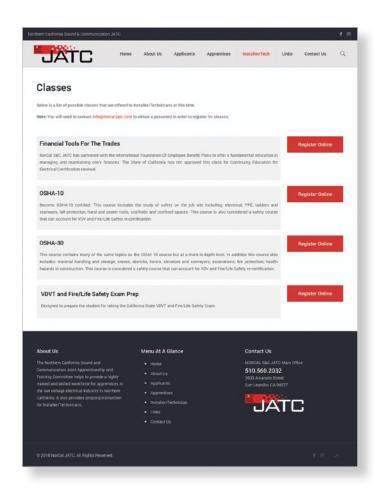
- Q: What conditions must be observed by an "A" member who wishes to retain the death benefits of the IBEW Pension Benefit Plan?
- **A**: An "A" member must have at least six (6) months' continuous and active good standing as an "A" member to be eligible under the death benefit provision of the Pension Benefit Fund. A death benefit shall not be payable upon the death of any member in arrears for dues for more than two (2) months, unless it can be demonstrated that the arrearage was not the fault of the member, in which case the death benefit shall be reduced by the amount of the arrearage.
- Q: What is the benefit from the Pension Benefit Fund paid upon death from natural causes of non-retired "A" member holding six or more months of continuous "A" membership?
- **A**: The Pension Benefit Fund pays \$6,250 upon the death of an eligible "A" member from natural causes.
- Q: What is the benefit from the Pension Benefit Fund paid upon the accidental death of non-retired "A" member, holding six or more months of continuous "A" membership?
- **A**: The Pension Benefit Fund pays \$12,500 if an eligible "A" member's death is caused by accidental means.
- Q: What provisions are made for benefits payable upon the death of a retired "A" member?
- **A**: Upon the death of a retired "A" member from natural causes or accidental means, the member's beneficiary will receive \$6,250 minus all pension benefits paid by the IBEW Pension Benefit Fund to the retired member up to \$3,250. Thus if a member has received \$3,250 or more in pension benefits, the death benefit payable upon the death of that member shall be \$3,000, which is computed by subtracting \$3,250 from \$6,250.
- * This excerpt is taken from the Questions and Answers Concerning the Provisions and Procedures of the IBEW Pension Benefit Fund (Revised May 2012).

Installer/Tech Upgrade Classes Update

The Northern California Sound and Communication JATC holds upgrade classes for Installers/Technicians throughout the year. For detailed information on dates, times, and locations for these classes, please visit our website at www.norcal-jatc.com.

We offer online classes for preparation for the VDV/Fire Life Safety Test. The classes allow you to not only take the practice tests but also includes lessons on each subject. To register for the Practice Exam. click the Practice Exam Course button.

You can also register for OSHA 10/OSHA 30 Certification classes, which earn continuing education hours. To register, go to the website, click on Installer/Technician, and then select classes. Click on the OSHA 10 or OSHA 30 button to register.



Walker Telecomm's Award-Winning Safety Program Is Constantly Evolving!

Walker Telecomm's safety program received two awards from NECA in 2018, including Safety Excellence and Achievement of Zero Injury. Angel McDonald, Vice President, discusses how the safety program is administered through continuous employeremployee communication.



- **A**: I am the Vice President and have been with Walker Telecomm, Inc. since the day it incorporated in August 2010.
- Q: Please describe the various components of your safety program and how it is administered?
- **A**: The main components of the Walker Telecomm safety program include management commitment; documented safety philosophy; employee involvement; worksite analysis; hazard prevention and control; safety and health training and education; audits; safety training; accident investigations; and motivation.

Our company's safety and health policies are clearly posted and available for all to see and review. Employees are involved in the decision-making process of policies, and the entire company is expected to take an active part in safety activities. It is our commitment to protect our employees' well-being.

Q: What is the initial safety training the Walker Telecomm employees go through?

- **A**: We are signatory to the IBEW, therefore all of our employees receive initial safety training while in the apprenticeship program. Once hired at Walker Telecomm, safety is an ongoing process. We require all field staff to maintain a minimum of OSHA 10, along with CPR/First Aid.
- Q: How would you describe your process for implementing the safety program?

- **A**: Our safety program is implemented through inspections, surveillances, incident reporting and investigations, job hazard analysis, corrective actions and constant safety leadership.
- Q: How would you describe Walker Telecomm's safety philosophy?
- A: The wellness of our people, families and communities is our number one priority.

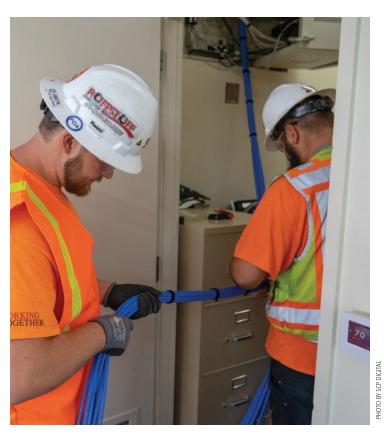
 We embrace healthy habits and behaviors, and our intent is to provide a safe work environment for all of our workers.
- Q: How is employee participation in the safety program encouraged, implemented and reinforced?
- A: We regularly communicate with employees about workplace safety and health matters and provide employees with access to information relevant to the safety programs. We provide ways for employees to become involved in hazard identification and assessment, and prioritize hazards, training and program evaluation. We establish ways for employees to report job-related injuries, illnesses, incidents and hazards, and allow employees to make recommendations about appropriate ways to control hazards and provide prompt responses to such reports and recommendations.
- Q: How has your program grown or changed over the past few years? What's new?
- **A**: Our ongoing safety program is constantly changing. In the past year we have made updates to our Injury and Illness Prevention Program (IIPP) and added the following



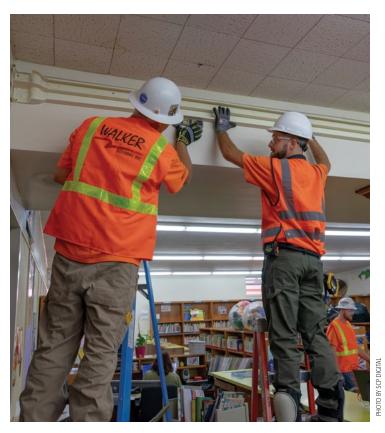
Angel McDonald

Vice President, Walker Telecomm

- elements to our safety program: LEAD Certification; Stretch and Flex Program; Escalation and Trouble Procedures; Safe Driving practices and a Silica Control Plan.
- Q: What kind of administrative structure has Walker Telecomm put in place to support the safety program?
- **A**: I am responsible for updating all safety programs, and adding newly adopted ones per OSHA, to meet specific jobsite requirements. In addition, I am continually monitoring employees' safety training to keep them up to date and current. We have weekly safety meetings and all foreman are retrained quarterly.
- Q: Does Walker Telecomm have ongoing training opportunities for safety at a management level?
- **A**: I am continually seeking out new safety training opportunities through classes, conventions and conferences.
- Q: How do your customers view safety and do they see the value?
- **A**: Our customers appreciate our commitment to safety. Construction is a safety-driven industry with high standards. Our customers find comfort in knowing that we have met all of their requirements upon asking.
- Q: If you had to use one sentence to sum up safety training at the Walker Telecomm, what would that be?
- **A**: If safety goals and training are not set at zero tolerance, it sends a message that severe and disabling incidents are acceptable.



Walker Telecomm provides ways for employees to become involved in hazard identification and assessment, and prioritizes hazards, training and program evaluation.



Walker Telecomm's company safety and health policies are clearly posted and available for all to see and review.



Walker Telecomm updates its safety programs regularly, and adds newly adopted ones per OSHA, to meet specific jobsite requirements



Walker Telecomm regularly communicates with employees about workplace safety and health matters and provide employees with access to information relevant to the safety programs.

Your Health And Welfare Trust Fund Important Phone Numbers

Questions about eligibility for coverage, premiums, reserve accounts, and info booklets, call:

Plan Administrator -United Administrative Services 408.288.4400 Toll-Free 877.827.4239

Trust Self-Funded Medical And Dental Plan

Questions about claim payment, claim forms and benefit info: 408.288.4400 Toll-Free 800.541.8059

Anthem Blue Cross Medical PPO

www.anthem.com/ca
To locate a participating
preferred provider physician,
clinic, or hospital:
408.288.4400 or 800.541.8059
Refer to Group # 170016M001

Anthem Blue Cross Dental PPO

www.anthem.com/ca To locate a participating preferred provider dentist: 408.288.4400 or 800.541.8059 Refer to Group # 170016M001

Kaiser Permanente

www.kaiserpermanente.org Questions about benefit info and ID Cards: Toll-Free 800.464.4000 Refer to Group # 919

Optum Health

www.OptumHealth.com Questions about mental health and substance abuse benefits or the member assistance program: 800.888.2998 Group # 10000824-0001, 0002

Vision Service Plan

www.vsp.com Questions about vision benefits and vision claims or to request a Vision Plan Provider Directory: Toll-Free 800.877.7195

To order additional copies of The DATA contact scott@hillzoog.com

Healthcare Usage Myths

Often when we need care, we think it won't cost (the plan) too much more to go to the emergency room instead of your doctor or urgent care or get the brand name drug instead of its generic equivalent. These and other **small decisions about using benefits can add up to large costs**.

Another myth we hear is "the plan is paying for it," as though "the plan" is some unknown corporate entity with deep pockets. This is not the case. We, as IBEW/NECA Sound & Communications Health & Welfare Plan participants, are "the plan"; when we spend more than necessary, it results in higher premiums and reduced benefits for all of us.

If we all put in a little thought and effort when we use our health and welfare benefits, it will help ensure the long-term health of our health care plan.



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